



MUSCULOSKELETAL
AUSTRALIA

Musculoskeletal Australia
Warm water and/or chair-based exercise leader update training 2021–2022
Individual application form

This online training is for leaders of warm water and/or chair-based exercise who undertook their initial leader training with Musculoskeletal Australia (previously Arthritis and Osteoporosis Victoria/*MOVE muscle, bone & joint health*). Trained leaders are required to undertake update training every two years.

When completed with all required details, please scan and send this form to Musculoskeletal Australia via programs@msk.org.au or post it to Musculoskeletal Australia, 263-265 Kooyong Rd, Elsternwick, Victoria, 3185.

If you have any queries regarding this form or any aspect of the update training, please email us via programs@msk.org.au on phone on (03) 8531 8000.

1. Participant details

First Name			
Family Name			
Type of Update Training (Please write 'Yes' in the applicable column)	Warm water	Chair-based	Both
Email Address			
Contact Phone Number			

2. Update training fees

	Warm water only	Chair-based only	Warm water and chair-based
Individual	100	100	120
MSK Peer support group member	50	50	60

3. Credit card payment details:

Payment by: Cash Cheque Money order Visa MasterCard
Cheques and Money orders to be made payable to Musculoskeletal Australia

Amount: \$ _____

Card no _____ / _____ / _____

Exp _____ / _____

Cardholder's name _____ Signature _____

If requesting a tax invoice for yourself or your organisation, please complete this section.

Name _____

Position _____

Organisation _____

Address _____

_____ Postcode _____

Telephone _____

Email _____